LETHBRIDGE SKATING CLUB

FALL 2026 SCHEDULE

START TIME	MONDAY @ CAVENDISH & YMCA	TUESDAY @ CAVENDISH	WEDNESDAY @ CAVENDISH	WEDNESDAY @ CIVIC	THURSDAY @ CAVENDISH
DAY TIME					CANSKATE 10:20 - 11:00 AM
4:00 PM		PRIVATE LESSON STARSKATE STAR 2+ 4:00 - 4:45 PM			GROUP STARSKATE STAR 1 - 4 4:00 - 4:45 PM ON ICE NO OFF ICE
4:15 PM					
4:30 PM	PRIVATE LESSON STARSKATE STAR 2+ 4:30 - 5:30 PM	GROUP STARSKATE STAR 1 - 4 4:45 - 5:45 PM ON ICE 6:00 - 6:30 PM OFF ICE	PRIVATE LESSON STARSKATE STAR 2+ 4:30 - 5:30 PM	PRE-POWER 5:00 - 5:45 PM	PRIVATE LESSON STARSKATE STAR 2+ 4:45 - 5:30 PM
4:45 PM					
5:00 PM					
5:15 PM				POWER SESSION 1 5:45 - 6:30 PM	
5:30 PM	CANSKATE 5:35 - 6:15 PM	FLOOD	CANSKATE 5:35 - 6:15 PM		CANSKATE 5:35 - 6:15 PM
5:45 PM					
6:00 PM		SYNCHRO 6:00 - 7:00 PM		FLOOD	FLOOD
6:15 PM	FLOOD		FLOOD		
6:30 PM	GROUP STARSKATE STAR 1 - 4 6:30 - 7:30 PM ON ICE 7:35 - 7:55 PM OFF ICE	YMCA OFF-ICE TRAINING STAR 1 - GOLD & ADULT 6:30 - 7:15 PM	STAR 2+ GROUP ELEMENTS GROUP INSTRUCTION 6:30 - 7 PM	FLOOD	
6:45 PM				POWER SESSION 2 6:45 - 7:30 PM	PRIVATE LESSON STARSKATE STAR 3+ 6:30 - 7:30 PM
7:00 PM					
7:15 PM		PRIVATE LESSON STARSKATE STAR 4+ 7:00 - 8:00 PM	SYNCHRO 7:00 - 9:00 PM	POWER SESSION 3 7:30 - 8:15 PM	FLOOD 7:30-7:40 PM
7:30 PM	PRIVATE LESSON STARSKATE STAR 4+ GROUP INSTRUCTION 7:30 - 8:00 PM PRIVATE LESSONS 8:00 - 9:00 PM				
7:45 PM					
8:00 PM		FLOOD			SYNCHRO 7:40 - 9:30 PM
8:15 PM		TEEN + ADULT SKATE 8:15 - 9:00 PM			
8:30 PM					
8:45 PM					
9:00 PM					
9:15 PM					

START	FRIDAY @ NICHOLAS
12:45 PM	RINKSIDE OFF-ICE TRAINING STAR 1 - GOLD 12:45 - 1:15 PM
1:00 PM	
1:15 PM	SKATES ON
1:30 PM	PRIVATE LESSON STARSKATE STAR 2+ PRIVATE LESSONS 1:30 - 2:45 PM GROUP INSTRUCTION 2:45 - 3:15 PM
1:45 PM	
2:00 PM	
2:15 PM	
2:30 PM	
2:45 PM	
3:00 PM	
3:15 PM	FLOOD
3:30 PM	GROUP STARSKATE STAR 1 - 4 2:50 - 3:15 PM OFF ICE 3:30 - 4:30 PM ON ICE
3:45 PM	
4:00 PM	
4:15 PM	

START	SATURDAY @ CIVIC	
9:00 AM	TEEN + ADULT SKATE 9:00 - 10:00 AM	
9:15 AM		
9:30 AM		
9:45 AM		
10:00 AM	PARENT & TOT 10:05 - 10:45 AM	CANSKATE A 10:05 - 10:45 AM
10:15 AM		
10:30 AM		
10:45 AM	FLOOD	
11:00 AM	CANSKATE B 11:05 - 11:45 AM	
11:15 AM		
11:30 AM		
11:45 AM	FLOOD	
12:00 PM	PRIVATE LESSON STARSKATE STAR 1 - GOLD PRIVATES 12:00 - 1:00 PM STROKING 1:00 - 1:15 PM	
12:15 PM		
12:30 PM		
12:45 PM		
1:00 PM		GROUP STARSKATE STAR 1 - 4 STROKING 1:00-1:15 PM 1:15 - 2:15 PM GROUP 2:20 - 2:40 OFF ICE
1:15 PM		
1:30 PM		
1:45 PM		
2:00 PM		
2:15 PM	SYNCHRO 2:15 - 3:00 PM	
2:30 PM		
2:45 PM		

AS OF OCTOBER 14, 2026. SUBJECT TO CHANGE.

CANSKATE | GROUP STARSKATE | TEEN/ADULTSKATE | SYNCHRONIZED SKATING

POWERSKATE | PRIVATE LESSON STARSKATE | OFF-ICE

FOR SESSION DATE CLARIFICATIONS, PLEASE REFER TO OUR PROGRAM DATES GRID OR UPLIFTER CALENDAR