



# JULY 2023 SCHEDULE CFC WEST ARENA

**WEEK 1: JULY 10-14 | WEEK 2: JULY 17-21 | WEEK 3: JULY 24-28**

STAR 3+ WEEKLY SCHEDULE	
START TIME	MONDAY-FRIDAY
9:45AM	<b>PRIVATE LESSON STARSKATE</b> STAR 3 + 9:45-11:45 AM
10:00AM	
10:15AM	
10:30AM	
10:45AM	
11:00AM	
11:15AM	
11:30AM	
11:45AM	
12:00PM	<b>STAR 1-GOLD OFF-ICE</b> 12:00 - 1:00 PM
12:15PM	
12:130PM	
12:45PM	

STAR 1-4 WEEKLY SCHEDULE	
START TIME	MONDAY-FRIDAY
9:45AM	<b>GROUP STARSKATE</b> STAR 1-4 9:45 - 10:45 AM
10:00AM	
10:15AM	
10:30AM	
10:45AM	<b>GROUP STARSKATE</b> STAR 1-4 10:45 - 11:45 AM
11:00AM	
11:15AM	
11:30AM	
11:45AM	<b>BREAK</b>
12:00PM	<b>STAR 1-GOLD OFF-ICE</b> 12:00 - 1:00 PM
12:15PM	
12:130PM	
12:45PM	

\*SUBJECT TO CHANGE 05/04/2023

- CANSKATE
- CANPOWERSKATE
- GROUP STARSKATE
- PRIVATE LESSON STARSKATE
- OFF-ICE
- SYNCHRONIZED SKATING
- ADULTSKATE
- ROTATIONAL PROGRAMMING