



# FALL 2023 SCHEDULE

START TIME	MONDAY @ CFC	TUESDAY @ CFC	WEDNESDAY @ CFC	WEDNESDAY @ CIVIC	THURSDAY @ CFC	START	FRIDAY @ NICHOLAS	START	SATURDAY @ CIVIC
DAY TIME		CANSKATE 1:35 - 2:15 PM			CANSKATE 10:20 - 11:00 AM	1:30 PM	PRIVATE LESSON STARSKATE STAR 1 - GOLD 1:30 - 2:45 PM	8:00 AM	ADULTSKATE 8:00 - 8:45 AM
						1:45 PM		8:15 AM	
						2:00 PM		8:30 AM	
						2:15 PM		8:45 AM	
4:00 PM		PRIVATE LESSON STARSKATE STAR 1 - GOLD 4:00 - 4:45 PM			PRIVATE LESSON STARSKATE STAR 1 - GOLD 4:00 - 5:00 PM	2:30 PM	9:00 AM	MASTER EDGE CLASS STAR 1 - GOLD	
4:15 PM		MASTER EDGE CLASS				2:45 PM	FLOOD	9:15 AM	PRIVATE LESSON STARSKATE STAR 1 - GOLD 9:15 - 10:00 AM
4:30 PM	PRIVATE LESSON STARSKATE STAR 1 - GOLD 4:30 - 5:30 PM		PRIVATE LESSON STARSKATE STAR 1 - GOLD 4:30 - 5:30 PM			3:00 PM	MASTER EDGE CLASS STAR 1 - GOLD	9:30 AM	
4:45 PM		GROUP STARSKATE STAR 1 - 4 5:00 - 5:45 PM		PRE-POWER 5:00 - 5:45 PM	CANSKATE 5:05 - 5:45 PM	3:15 PM		9:45 AM	
5:00 PM		FLOOD		POWER SESSION 1 5:45 - 6:30 PM		3:30 PM	GROUP STARSKATE STAR 1 - 4 3:30 - 4:30 PM	10:00 AM	FLOOD
5:15 PM	CANSKATE 5:35 - 6:15 PM		CANSKATE 5:35 - 6:15 PM			3:45 PM		10:15 AM	
5:30 PM		SYNCHRO 6:00 - 7:00 PM		FLOOD		4:00 PM		10:30 AM	GROUP STARSKATE STAR 1 - 4 10:15 - 11:15 AM
5:45 PM						4:15 PM		10:45 AM	
6:00 PM	FLOOD				PRIVATE LESSON STARSKATE STAR 3+ 6:00 - 7:00 PM			11:00 AM	
6:15 PM								11:15 AM	PARENT & TOT 11:20 AM - 12:00 PM
6:30 PM	GROUP STARSKATE STAR 1 - 4 6:30 - 7:15 PM	PRIVATE LESSON STARSKATE STAR 1 - GOLD 7:00 - 8:00 PM	GROUP STARSKATE STAR 1 - 4 6:30 - 7:30 PM					11:30 AM	
6:45 PM				POWER SESSION 2 6:45 - 7:30 PM				11:45 AM	
7:00 PM	MASTER EDGE CLASS 7:15 - 7:45 PM		MASTER EDGE CLASS		SYNCHRO 7:00 - 8:00 PM			12:00 PM	FLOOD
7:15 PM				POWER SESSION 3 7:30 - 8:15 PM				12:15 PM	CANSKATE A 12:20 - 1:00 PM
7:30 PM	FLOOD							12:30 PM	
7:45 PM		FLOOD						12:45 PM	
8:00 PM	PRIVATE LESSON STARSKATE STAR 5+ 8:00 - 9:00 PM	ADULTSKATE 8:15 - 9:00 PM	PRIVATE LESSON STARSKATE STAR 5+ 8:00 - 9:00 PM					1:00 PM	
8:15 PM				POWER SESSION 4 8:30 - 9:15 PM				1:15 PM	CANSKATE B 1:05 - 1:45 PM
8:30 PM					ADULT SYNCHRO 8:15 - 8:45 PM			1:30 PM	
8:45 PM									
9:00 PM					ADULTSKATE 8:45 - 9:30 PM				
9:15 PM									

\*SUBJECT TO CHANGE 08/21/2023

- CANSKATE
- CANPOWERSKATE
- GROUP STARSKATE
- PRIVATE LESSON STARSKATE
- OFF-ICE
- SYNCHRONIZED SKATING
- ADULTSKATE
- MASTER EDGE CLASS