



# AUGUST 2023 SCHEDULE CFC WEST ARENA

	<b>AUGUST 8 + 9 + 10</b>	
<b>WEEK 1</b>	<b>PRIVATE LESSON STARSKATE</b> STAR 3 + 9:30 - 11:30 AM	
	<b>AUGUST 15 + 17</b>	
<b>WEEK 2</b>	<b>PRIVATE LESSON STARSKATE</b> STAR 3 + 9:15 - 10:45 AM	
	<b>AUGUST 22 + 24</b>	
<b>WEEK 3</b>	<b>PRIVATE LESSON STARSKATE</b> STAR 3 + 9:30 - 11:00 AM	
	<b>AUGUST 29 + 30</b>	
<b>WEEK 4</b>	<b>PRIVATE LESSON STARSKATE</b> 5:30 - 7:00 PM	
	<b>AUGUST 16</b>	<b>AUGUST 23</b>
<b>SYNCHRO SKILLS + PLACEMENT</b>	<b>SYNCHRO</b> 9:15 - 10:45 AM	<b>SYNCHRO</b> 9:30 - 11:00 AM

\*SUBJECT TO CHANGE 05/04/2023

- CANSKATE
- CANPOWERSKATE
- GROUP STARSKATE
- PRIVATE LESSON STARSKATE
- OFF-ICE
- SYNCHRONIZED SKATING
- ADULTSKATE
- ROTATIONAL PROGRAMMING